



सत्यमेव जयते

प्रोफेसर (डा.) बलराम भार्गव, पदम श्री

एमडी, डीएम, एफआरसीपी (जी.), एफआरसीपी (ई.), एफएसीसी,
एफएएचए, एफएएमएस, एफएनएस, एफएएससी, एफ.एन.ए., डी.एस.सी.

सचिव, भारत सरकार

स्वास्थ्य अनुसंधान विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय एवं
महानिदेशक, आई सी एम आर

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स्वास्थ्य अनुसंधान विभाग

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D.O. No. R15013/01/2020-HR-VRDL

Dated: 21st March 2020

Sub.: Revised Testing Strategy for COVID-19

Dear All,

In view of the evolving situation of COVID-19 in India, the testing strategy at VRDLs has been revised on 20th March 2020. The revised testing strategy is given below:

- i. ALL symptomatic persons (fever, cough, difficulty in breathing) within 14 days of international travel.
- ii. ALL symptomatic contacts of confirmed cases.
- iii. ALL symptomatic healthcare workers.
- iv. All hospitalized patients with Severe Acute Respiratory Illness (fever AND cough and/or shortness of breath).
- v. Asymptomatic direct and high-risk contacts of a confirmed case should be tested once between day 5 and day 14 of coming in his/her contact. **Direct and high-risk contact include**
 - o those who live in the same household with a confirmed case and
 - o healthcare workers who examined a confirmed case without adequate protection as per WHO recommendations.

You are requested to initiate testing as per the above guidelines.

With best regards

Yours sincerely

Balram Bhargava

(Prof. Balram Bhargava)

To,

All COVID-19 Testing Laboratories